

Overview of DBHR Services and Funding: 2013-2015

Description

The Division of Behavioral Health and Recovery is part of the Behavioral Health and Service Integration Administration (BHSIA). DBHR and BHSIA are part of DSHS (view our mission and core values). We fund and oversee quality services for youth substance abuse prevention and intervention, inpatient treatment, outpatient treatment, and recovery support to people with addiction and mental health needs.

With our community, state, and national partners, we are committed to providing evidence-based, cost-effective services that support the health and well-being of individuals, families, and communities in Washington State.

Our research documents the economic, social, and health benefits that result from providing quality behavioral health services, which far outweigh the costs of providing them. These benefits include lower crime and criminal justice-related costs, lower medical costs, less reliance on public assistance, higher rates of employment and worker productivity, fewer children in need of foster care, and increased high school completion rates.

Services and Eligibility

Mental Health

Community Mental Health Services: Funding for community services under managed care provides financial support and program direction to Regional Support Networks (RSNs) for community mental health programs. This is for services that don't qualify for Medicaid and for people who are ineligible for Medicaid. Services are provided according to the approved state plan federal waiver for Medicaid enrollees.

- Outpatient services
 - o crisis service
 - o evaluation and treatment
 - o residential treatment.
- In-patient treatment

Programs provide services for both voluntary and involuntary individuals through the Involuntary Treatment Act (ITA) for the acutely mentally ill, chronically mentally ill, and seriously disturbed of all ages. Services may also include:

- acute care
- consultation and education
- employment services

For more information contact: Melissa.Clarey@dshs.wa.gov, 725-1675 DBHR's Website: www.dshs.wa.gov/dbhr



Community support may include:

- screening of voluntary referrals to state hospitals
- discharge planning with the hospitals
- case management
- residential programs
- clubhouse
- supported employment
- respite care

Other community mental health programs/services provided are:

- Children's Long-term Inpatient Program (CLIP)
- Offender Re-entry Community Services Program (ORCSP).

Mental Health Facilities: Funding is provided to support three state psychiatric hospitals (Western State Hospital, Eastern State Hospital, and the Child Study and Treatment Center). Services include:

- In-patient psychiatric services for acutely and chronically mentally ill persons, including geriatrics
- Mentally ill legal offenders
- Severely disturbed children and adolescents at the Child Study and Treatment Center

Special Projects: Provides services for the homeless, children, and family support projects:

- Evidence-based children's mental health services
- Projects for Assistance in Transition from Homelessness
- System of Care grants
- Permanent Options for Recovery-Centered Housing (PORCH) grant

Program Support: Funding is provided for administrative and technical support for all programs within DBHR including:

- Policy development
- Fiscal planning
- Information services
- Legislative and regional coordination

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WASHINGTON STATE DEPARTMENT OF SOCIAL & HEALTH SERVICES



Substance Abuse Services

County Managed Services: Funding is provided to counties who subcontract to provide quality outpatient and support services to clients in need of chemical dependency services. Services include:

- Assessments
- Outpatient services to adults and youth
- Opiate Substitution Treatment
- Detoxification services
- Case management
- Outreach

Tribal Services: Funding is provided to tribes to provide chemical dependency services to tribal members. Services include:

- Assessments
- Outpatient services to adults and youth
- Prevention services

Funding for these services includes federal Medicaid and SAPT Block Grant funds.

PPW Support Services: Funding is contracted with providers to support services for pregnant and parenting women who are recovering from alcohol and/or substance abuse. Services include:

- Fetal Alcohol Syndrome Diagnostic and Prevention Network
- Parent Child Assistance Programs
- Safe Babies Safe Moms
- Parent Trust

Funding includes GF-State and some Title XIX

Prevention Services: Funding is provided to prevent the misuse of drugs, alcohol and tobacco. Service providers include:

- OSPI
- Counties

Funding includes: SAPT Block Grant

Residential Services: Funding is contracted with providers to provide inpatient residential chemical dependency services. Services include:

• Adult Residential

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WASHINGTON STATE DEPARTMENT OF SOCIAL & HEALTH SERVICES



- Pregnant and Parenting Residential
- Therapeutic Childcare
- Youth Residential

Funding includes: SAPT Block Grant, GF-State, and Medicaid

Special Projects: Funding is provided for federal demonstration projects for chemical dependency services and problem gambling services for pathological gamblers. The federal demonstration grants include:

- Washington State Screening, Brief Intervention, and Referral to Treatment (WASBIRT)
- Access to Recovery (ATR)
- Underage Drinking
- WACAREs
- Adolescent Treatment Enhancement and Dissemination

Program Support: Funding (SAPT Block Grant, GF State, Medicaid) is provided for administrative and technical support for all programs within the Division of Behavioral Health and Recovery including:

- Policy development
- Fiscal planning
- Information services
- Legislative and regional coordination

Funding Sources

Mental Health Services: 2013-15 Biennium Total Funding – \$1,860,282,000

- General Fund State: \$941,691,000
- General Fund Federal: \$841,381,000
- Local: \$77,210,000

Alcohol and Substance Abuse Services: 2013-15 Biennium Total Funding – \$450,395,000

- General Fund State: \$153,526,000 (GFS, Problem Gambling Account and Criminal Justice Treatment Account)
- General Fund Federal: \$280,568,000 (Medicaid, SAPT and Grants)
- Local: \$16,301,000

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